

Hartford Public Schools' Elementary Menu April 2010

Daily Alternates	Monday	Tuesday	Wednesday	Thursday	Friday
We serve healthy choices and whole grains daily			Hartford Schools' menu is Pork Free		
Bagel/Yogurt Plate OR Chef Salad OR Turkey Sandwich Or Vegetarian Option	5 French Bread Pizza Carrots/ Dip Choice of Fruit Low Fat Milk Goldfish Pretzels Library Week	6 French Toast Sticks Turkey Sausage Syrup Fruit Juice Choice of Fruit Low Fat Milk Borrow A Book	7 Italian Dunkers Bread Sticks Tossed Salad Choice of Fruit Low Fat Milk from the Library	8 Salisbury Steak/gravy Macaroni & Cheese Fresh Green Beans Choice of Fruit Low Fat Milk and Read it	9 Baked Breaded Chicken Apple Bread Stick Corn Choice of Fruit Low Fat Milk This Week!!!
Bagel/Yogurt Plate OR Chef Salad OR Tuna Sandwich OR Vegetarian Option	12 Cheese Pizza Fruit Juice Choice of Fruit Low Fat Milk Scooby Doo Treat	13 Chicken Tenders Cheesy Potato Bake Fresh Steamed Broccoli Corn Muffin Choice of Fruit Low Fat Milk	14 Pasta with Meat Sauce Or Meatballs Whole Wheat Bread Stick Tossed Salad Choice of Fruit Low Fat Milk	15 Diced Chicken Rice/Gravy Green Peas Choice of Fruit Low Fat Milk	16 Fish Fillet on Roll Potato Rounds Fresh Steamed Spinach Choice of Fruit Low Fat Milk
Bagel/Yogurt Plate OR Chef Salad OR Ham and Cheese Sandwich OR Vegetarian Option	19 Mozzarella Sticks Marinara Sauce Carrot Sticks/ Dip Choice of Fruit Low Fat Milk Elf Graham Crackers Playground Week	20 Rib B Que on Whole Grain Roll Potato Wedges Green Peas Choice of Fruit Low Fat Milk Play Safe	21 Sliced Turkey with gravy Dinner Roll Fresh Steamed Green Beans Choice of Fruit Low Fat Milk Enjoy Being Outside	22 Hamburger or Cheeseburger on Whole Wheat Roll Fresh Butternut Squash Choice of Fruit Low Fat Milk Jelly Bean Day	23 Chicken Patty on Roll Potato Smiles Lettuce & Tomato Choice of Fruit Low Fat Milk
Bagel/Yogurt Plate OR Chef Salad OR Turkey Ham Sandwich OR Vegetarian Option	26 Popcorn Chicken Corn Muffin Green Peas Choice of Fruit Low Fat Milk	27 Hot Dog on Whole Wheat Roll Potato Rounds Choice of Fruit Low Fat Milk Bug Bites Treat	28 Jamaican Beef Patty or BBQ Chicken Nuggets Coco Bread Corn Choice of Fruit Low Fat Milk	29 Taco with Loco Bread Lettuce and Tomatoes Choice of Fruit Low Fat Milk Giant Chocolate Goldfish	30 Diced Turkey Rice and Gravy Fresh Steamed Broccoli Choice of Fruit Low Fat Milk
April is National Humor Month			National Kite Month 		